

Universal Light Wisdom and Healing

HEALING, RE-ALIGNING & CREATING NEW EARTHLY REALITIES

HOW TO QUICKLY
ALIGN & CREATE ANEW

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How to traverse challenging
Akashic releases and accelerations



Families, children, all beings, even our precious Gaia is traversing accelerated frequencies and ascension energies.

Therefore, it requires that we understand our mastery in why we have called each healing and release forward, and how to smoothly transcend any negative emotion, imprint, or behaviour and re-align to a blissful and self-loving way of life.

These releases can sometimes appear to be very dark, negative, and perhaps not even feel as if they are your own.

Know that you have called these experiences forward to show you, gift you, serve you in the mastery that can be gained in transcending the limiting and self-sabotaging vibrational aspects that truly only want your acknowledgement and love to re-integrate them within your Divine and loving Christed whole self.

This is truly the act of alchemy in which moment for moment you transcend and illuminate what was previous out of balance and misaligned to your natural, innate, already Divinely perfect God-self.

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How to quickly Align & Create Anew



Transcending moments of profound earthly and human shifting to allow for the opening of the grander God-self to come forth and create as the master light being that you are.

Allow the trigger, acknowledge your inner voice, gift it love and compassion and reaffirm in loving, childlike curiosity in creating new exciting imagery for the 'NOW' you that you desire within the heart to experience.

Surrender and Allowance to how Creation and God offers the blessings and Cocreations in response to your loving realignment.

Allow, love, forgive, realign with the inner Christed God Child and release

You will now take in deep full body breaths, still point at top of inhale and bottom of exhale.

Ground through the exhale to Gaia's heartbeat, Inhale Gaia's energies and light

Drop to the Divine Sacred heart and create Sacred loving intent in communion with the Divine Holy Mother Father

Visualize your Center with breath, through the pillar of light, through cleansing revitalizing God breath and intending all chakras to synchronize with light and love as you Center in your wholeness with God and your Divine Higher Self

Centering, balancing, and grounding is so key to these global energies and maintaining equilibrium